



Event rules

Ensilumen Rastit 3.-4.12.2016

1. Organisation

Event leader	Pertti Itkonen
Course setter	Annika Vaara
Result service	Juha Kultima Risto Kivinen Resultfellows
Information	Pentti Poikela
Event supervisor	Kauko Pääkkölä
IOF TD	Staffan Tunis
Jury	Seppo Keltamäki, chair Milka Reponen Mika Tervalta

2. Terrain

Terrain is typical Lappish fells and forested hills, with some steep slopes. Maximum elevation is 180 m on long H/D courses and 100 m on other courses. Ground is smooth and forest mainly open, with some dense young forests. Snow is about 30 cm deep, with new snow on top. The competition area has a network of tracks. In addition, there are some snowscooter trails, where traffic have to be observed. Wild tracks of snowscooters not described in the map are rare but possible. All tracks made by organizer are 120 cm wide and prepared with plate pulled by snowscooter, so they clearly separate from wild tracks.

Total length of tracks is 81 km. Percentage of different track types:

Very wide trail	6 %
Wide trail	1 %
Skiing track (dashed line)	80 %
Snowscooter trail	10 %
Road, skiable	3 %

Forbidden areas are marked in the event center map and competition map. Luosto-Torvinen major road is marked as forbidden route. Using it is forbidden and crossing is allowed only in the subway marked in the map. Forbidden areas are supervised and those who use them are cancelled in the race.

3. Maps

Maps are updated 11/2016 and printed by Routamap ltd.
Size of the map is A4.

Scales:

3.12.	Middle	1:10 000
4.12.	Long	1:10 000 sarjat H/D 11 – 13, H/D 70 – 80, Open B 1:15 000 sarjat H/D 21, H/D 15 – 20, H/D 35 – 65, Open A

4. Distances and courses

Distances and courses will be published on We 30.11. in the internet site and Fri 2.12. on result wall.

5. Start

Start list will be published on Thu 1.12. in the internet site <http://www.resultfellows.com> and on 2.12. on the result wall.

Starts:

3.12. Middle	at 11:00	300 m
4.12. Long	at 10:00	2500 m

Blue ribbons to starts. Start interval is 2 min in all classes. Skiing is possible to 4.12. start, and transport of extra clothes to the finish is available after start is over.

Star procedure:

- 4 min competitors are called by the start time and number is checked
 - 3 min EmiTag boot
 - 2 min race map visible
 - 1 min competitor takes the race map from box marked with class nr
- Competitors in classes H and D11 can be assisted with the map.

Obs!

Competitors have to use the chip (EmiTag) recorded in the start list. Organizer will not control the number in the start. If any other chip is used, the race will be cancelled (except classes H and D13 and younger). Any changes in chip numbers have to be announced in the info before start.

6. Finish

No punching at the finish. After finish, follow the fences to punch control.

In the Middle race, maps are left in a plastic bag marked with the clubs name. Maps are delivered after the long race. Juice is available after finish.

Competitors who cancel their race have to announce in the finish.

Finish is closed Sa 3.12. at 16:00 and Su 4.12. at 16:00.

7. Controls

Controls are placed beside tracks. Model control is near the info pole. Testing of EmiTag is possible at the model control.

Sports drink and water is available in the long distance in a place marked in the map.

8. Bibs and EmiTags

Bibs are available in the info. All competitors use bibs. The same bib will be used in both races. The bib shall be attached visibly to right leg.

Info delivers the rented EmiTags. Safety pins are available in the info for bibs.

Info is open Fri 18-20 , Sa 9-17 ja Su 8-16.

9. Results and claims

Start lists and results are available in the result wall and the internet site:

<http://www.resultfellows.com>

Claims of corrections in the case of disqualification can be made in the finish.

10. Prizes

Prizes will be given on Sunday based on total points of two races. The winners of the two first days in each class will get 1000 points and others relatively to winning time. Three best will get prizes in all classes.

Prizes are available in the info after the prize-giving ceremony. Organizer will not send them after the event.

11. Toilets, dressing and washing

WC:s are available in downstairs of café "Knööli". No toilets at the starts.

There is a big tent for dressing and equipment.

There is no showering facilities in the event center. The nearby hotel Luostotunturi has a spa.

12. Waxing and extra equipment

Ski waxing is possible only outside. Ski testing and warm-up area are marked in the map.

In the case of broken equipment, change is possible in the Long race 4.12. Place is in the subway of Luosto-Torvinen road. Labeled extra equipment shall be set in the trailer near the info pole until 9:30.

13. Cafe and grill

There is a grill in the finish area. Cafe "Knööli" serves participants in the event center.

14. First aid and warnings

First aid available in the downstairs of cafe "Knööli". Transport of wounded persons from the area is possible by snoscooter. Sodankylä Health Center in 30 minutes driving. Emergency number 112.

Competitors are asked to be careful with cars on the road to starts and snoscooters during the race on snoscooter trails. Right-side skiing traffic on the trails. Take care with steep slopes on forested terrain. Competitors are obliged to help others in emergency situation, call help and guide staff.

15. Parking

Parking lots are in the event center. No parking fee.

16. Changes and low temperature limit

Due to poor snow conditions, event can be cancelled or delayed to 10.-11.12. In that case information is given latest 30.11. at 24:00.

Temperature limit is -20 C one hour before the first start. Starts can be delayed following the jury's decision. The delay of a start or cancelling of a race due to low temperature will be informed two hours before the first start.

Changes due to low temperature or snow conditions are in the event site.

Shall the races be delayed, all the entries will stay valid if not cancelled in the IRMA service. If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.

17. Sprint relay 6.12.

The event rules of sprint relay will be published separately 3.12.