



Invitation Ensilumen Rastit 3.-4.12.2016

Competition rules

Rules of Finnish Orienteering Federation FOF (4.10.2016) and instructions given by the organizing club are to be followed.

Sarjat, matkat ja lähdöt

3.12.	Middle distance	Interval start from 12:00	400 m to the start
4.12.	Long distance	Interval start from 10:00	1500 m to the start

Classes: H and D 11, 13, 15, 17, 20, 21A, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80
Open A and B

The distances of the races follow the recommendations given by FOF.

Long distance race 4.12. is a World Ranking Event (WRE) in classes H21 ja D21.

All classes use the same start.

Star times available in the event site on Thursday 1.12.

Punching

EmiTag punching system is used in all races and classes.

EmitTag timing chips are available for rent through entry system.

Map and terrain

Ski-o map 11/2016, contour interval is 5 m and scale is 1:10 000. The map is laser-printed and size is A4. Old orienteering map from the terrain can be seen in the event site.

Terrain is coniferous hills with maximum elevation of 180 m on H/D 21 courses and 100 m on other courses.

Arriving

From the road nr 962 at the centre of the ski resort Luosto, 5 minutes to drive. Destination address: Luostontie 1. Signs on the road from 2.12. at 18.00.

Event Centre and Parking

The Event Centre is Luosto Downhill Ski Centre. Parking is in the centre, No parking fees.

The info in the Event Centre is open on Friday 2.12. at 18 – 20, on Saturday 3.12. at 9 – 16 and on Sunday 4.12. at 8 – 15.

The Event Centre has WC:s and a large tent for cover and equipment. No clothing and washing facilities inside. There is a spa in the nearby hotel Luostotunturi. Ski service outside.

The Event Centre has a café.

Prizes

In all classes overall results are counted by points given in both races. The winner of the class in a race scores 1000 points and all others in relation to winning time.

Prize-giving ceremony takes place in the cafe immediately after the final results. Rest of the prizes are delivered in the info afterwards or during the sprint relay on Tuesday.

Entries

Entries latest on Sunday, 27.11.2016 at 24:00 by using FOF's IRMA service.

Entries from abroad are possible to email risto.kivinen@resultfellows.com

Rental EmiTag-chip will be assigned if no EmiTag number is given in the entry.

Rental fee is 5 euros/race or 10 euros/2 races.

Late registration with 1.5-multiplayed entry fee for Lapin Lumirastit are accepted until Tuesday, 30.11. at 24:00 in the IRMA service only.

Eligibility to participation to races is consistent with the FOF rules. Participation to all age classes according to year 2017.

Entries to open classes in the info.

Entry fees

Entry fees in classes H/D11-15 is 15 €/race. All other classes 25 €/race. Open classes 10 €/race.

Entry fees shall be paid in the IRMA service.

Entries by email should be paid at the entry date to the account:

Lapin Veikot ry IBAN FI03 5641 2520 0447 69 BIC OKOYFIHH

Entry fees in open classes in the info in cash.

Accommodation and restaurant services

Accommodation and restaurants available in Luosto ski resort. Links to services are in the event site.

Changes and low temperature limit

Due to poor snow conditions, event can be cancelled or delayed to 10.-11.12. In that case information is given latest 30.11. at 24:00.

Temperature limit is -20 C one hour before the first start. Starts can be delayed following the jury's decision. The delay of a start or cancelling of a race due to low temperature will be informed two hours before the first start.

Changes due to low temperature or snow conditions are in the event site.

Shall the races be delayed, all the entries will stay validi if not cancelled in the IRMA service. If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.

Officials:

Event Manager	Pertti Itkonen	pjitkonen@hotmail.com	+358 400 193647
Course Setter	Annika Vaara	vaaraannika@gmail.com	+358 40 4136600
Information	Pentti Poikela	laverastit@laverastit.fi	+358 40 5191521
Results	Risto Kivinen/Resultfellows	risto.kivinen@resultfellows.com	+358 44 0583583
Controller, courses	Kauko Pääkkölä LapVe	kauko.paakkola@gmail.com	+358 40 5850680
IOF TD	Staffan Tunis		

Sprint relay 6.12. An invitation will be published separately 14.11.

Welcome to the snows of Luosto fell!

Lapin Veikot ry