

## Competition Instructions

### Program

Saturday 4.12.

9.00 Info open

10.30 First starts of middle distance

13.15 Last finishes of middle distance

14.00 Lapland Orienteering parliament at Kellokas (only in Finnish)

Sunday 5.12.

9.00 Info open

10.30 First starts of middle distance

13.15 Last finishes of middle distance

14.00 Prize giving ceremonies WRE

### Organisation

Head of competitions: Arto Vilppola, 0408684980

Course setter team leader: Arto Vilppola, 0408684980

Course setting team: Jorma Pietiläinen, Risto Jaako, Jyrki Tuokko ja Pekka Alavahtola

IOF-advisor: Ossi Lakkala 040-6535155, [ossi.lakkala@gmail.com](mailto:ossi.lakkala@gmail.com)

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Info: Tuula Aho AlatPi

Start: Olavi Holopainen Suunta 2000

Result service and finish: Tero Taulavuori Alatornion Pirkat

Press: Niina Jaako Länsi-Rajan Rasti

First aid: AlatPi 0408408128

Jury: Seppo Keltamäki JoKu (chairman) 0400-725467, Velu Sipola Suunta 2000, Annika Vaara LapVe

### Rules

IOF and FOF rules are followed on the competitions with instructions given by organisers.

Participation by your own responsibility.

### Parking

There are only one parking area on Y1 parking area.

### Competition office / Info

Nature Center Kellokas, Tunturintie 54, 95970 Äkäslompolo. Competition office open on Saturday 4.12. at 9-12 and on Sunday at 9-11.

### Number bibs

All competitors use bibs. Number bibs are nearby the start point and WRE in INFO. Own safety pins. There is also safety pins available if needed. Number bibs should be attached to right thigh/leg.

### IOF Ban on fluorinated products for ski-waxing Declaration of Conformity

Additional regulation and validity

This regulation and declaration of conformity is deemed an additional regulation per the Competitions Rules for IOF Ski Orienteering Events §2.5. It is valid for all IOF events in the 2021/2022 Ski Orienteering season i.e., from 1 November 2021 to 31 October 2022.

The two current regulations (EC) No. 1907/2006 ("REACH") and (EU) 2019/1021 ("POP

regulation”) state that it is forbidden to produce, sell and use products (ski-waxes) containing PFOA (also termed C8 products). This applies to all such products, including those produced prior to 4 July 2020. The IOF declares that the use of such products is forbidden at IOF events, including World Ranking Events. For purpose of clarification this means that all PFOA/C8 products are banned while C6 products are still allowed for the season 2021/2022.

### **Emitags**

Emitag punching system is used. You'll receive rent Emitags at info, costs 5€/day or 10€/2 days. Payments to info. Return your Emitag on Sunday after finish to info. Emitags not returned costs 100€/tag. Split times can be printed at info. As a competitor you are responsible to use the Emitag-number on the start list and you should also test your tag at model control in the competition centre. The organizer doesn't check the Emitag number on the start line. If competitor uses other Emitag than mentioned on the start list the competitor will be disqualified (FOF-rule 11.518). Disqualification doesn't concern H/D13 and younger.

### **Terrain**

The terrain is fell terrain with modest height differences. The terrain consists of mainly forests and some swamps. The swamps are open or sparse forest. The trees are mainly pine and spruce. There are public skiing tracks on the competition area so be careful with other skiers on the tracks. In addition, there is a snowscooter trail, where traffic has to be observed. Wild tracks of snowscooters not described in the map are possible. The competition area is situated between 200 – 300 meter above sea level.

### **Forbidden areas**

Check the forbidden areas below from the competition center map. Note that in the competition map the forbidden routes are marked as violet X-symbols. Violet V-symbols indicate that the route is allowed but it might be sandy. Crossing of the road is forbidden. Every competitor must pass the road under the tunnel.

### **Tracks**

Total amount of tracks 45 km  
Wide skating tracks 6,0 km  
Narrow skating tracks 3,0 km  
Snowmobile tracks 36,0 km

Branches of the trees are at some place difficult to pass. Because the competition area is part of Pallas-Ylläs nature reservation area only the major obstacling branches are removed to ensure the safety.

### **Map**

Plotted map 12/2021, size A4, contour interval 5 m. The scales are 1:10 000 or 1: 7500 both days Saturday and Sunday. Control codes are printed on the map next to control number. You can take the map 15s before the start on every.

### **Start**

A blue sign will lead to the starting point on both days.

First start on both days at 10.30 except the WRE-classes (M21 and W21) that start at about 11.00. Start times can be seen in the competition centre or in the internet at Ensilumen Rastit result service.

Saturday: Start is located 600 m from competition centre next to subway and parking area (check the competition centre map). You can go to start by foot via cycleway or ski through the forest. If

you ski through the forest you are only allowed to ski up on the hilly part (about 400 m) of the route because the route is narrow. Look out when crossing the street.

There is a distance of 600 m to the starting point on Sunday and a guide from the Kellokas crossroads at the end of Louhikkotie, where there is a warm-up track. It is possible to ski on foot and part of the

Start procedure:

- 4 min competitors are called by the start time and number is checked
  - 3 min EmiTag boot
  - 2 min race map visible
  - 1 min competitor takes the map from box marked with class nr (H/D13 and younger classes)
  - 15 sec competitor takes the map from box marked with class nr (H/D15 and older classes)
- Competitors in classes H and D11 can be assisted with the map.

Install map on your mapholder and when the start time arrives you can enter the forest via K-point. You are responsible for taking the right map. Also the route to K-point must be followed.

### Controls and punching

Controls are on the track. The code of the control, control flag and Emitag punching device are attached on the string hanging the control unit. The code of the control is also on the tree when the control unit is next to the track. Note that EmiTag registers punching about 50 cm from the control unit. After punching the Emitag on your wrist flashes for 10 seconds. So you only need to be close to receive the valid punch. Below are the model controls.



## **Finish**

The finishing is registered when you are stamping the finish stamp. After the finish you will be guided to output of EmiTag. Return also the map after the finish. Maps are collected on the finish and will be returned on Sunday after the last start. Crying wall is on the result inside Kellokas INFO. The finish will be closed on both days at 13.30.

## **Classes, distances and amounts of controls extra appendix.**

## **Warming and testing of the skis**

Only warming and testing of skis are starting warming up and testing the skis (check the competition centre map). Warming up by skis is possible below Kellokas on training tracks, via the route to start and right on the start area. We recommend to warm up by running on the cycleway.

## **Waxing**

There is no extra room for waxing. Waxing outside with your own equipment.

## **Dressing and shower**

There is no dressing rooms and showers on the competition centre.

## **First aid**

First aid is on the competition center below the Kellokas main building. The first aid is provided by Alatornion Pirkat. on Saturday and Sunday first aid direct number is +358 50 3545265. When there is severe accidents call public emergency number 112.

## **Results**

Results, online split times can be found at Ensilumen Rastit result service: [www.ensilumenrastit.fi](http://www.ensilumenrastit.fi)

## **Complaints and Protests**

Any complaint in writing shall be handed over to the organizer at the Event Centre or at the competition arena as soon as possible. The complaint is adjudicated by the organizer and the complainant is informed about the decision immediately. Complaints regarding the results shall be made no later than 15 minutes after publishing the official result list. A written protest can be made against the organizers decision about a complaint. Protest shall be made no later than one hour the organizer has announced.

Claims of corrections in the case of disqualificacion can be made on the result table in front of info. Protests of results have to be addressed to the Jury until 13:30

## **Prizes**

Price giving ceremony by total time on Sunday at 14.00 at the Kellokas auditorium. The amount of prizes per class a below.

## **Covid-19**

Competitors are asked to follow the instructions below to ensure Corona Safety:

- You can only enter the competition in good health!
- In the parking area and from there when moving to the competition center and in the competition center, we ask you to take care of adequate safety clearances.
- It is recommended to use the mask indoors.
- Handbags are available in several locations in the competition center area. Competitors are asked to take care of hand hygiene.
- Safety distances must be maintained after arrival at the finish and during stamp inspection.

**Training possibilities**

Possibility for training before competitions on training tracks near parking place Y1. Maps are sold at Kellokas reception 5€/piece. Training maps on the competition area at same price 5€/piece can be bought after the race. Kellokas is open daily at 9-16.

**Weather reservation**

Temperature is measured on competition mornings at 9.00 from finish area and on the terrain. Temperature is published nearby info. If temperature is between -15°C and -20°C the competitors are instructed to cover themselves well and especially on face and head. As a rule there is chance for the competitor to cancel the participation on the competition one hour before the first start if the temperature is below -20°C. Decision of delaying or cancelling the competitions are made by the jury by 9.30. When making the decision the jury takes into account the temperature measurements, wind conditions and hour estimation of Ilmatieteenlaitos ([www.ilmatieteenlaitos.fi](http://www.ilmatieteenlaitos.fi)).

*Note also that the daylight is very short on competition days so extra light could be useful especially for those starting first or last or those that have poor eyesight.*

**Lapland Orienteering, Alatornion Pirkat,, Länsi-Rajan Rasti and Suunta 2000 wishes all the competitors joyful and challenging moments at Ylläs-Kolari track network. Thanks for being able to participate!**