



Event rules Sprint relay 6.12.2016

1. Organisation

Event leader	Pertti Itkonen
Course setter	Annika Vaara
Result service	Pentti Poikela
Information	Pentti Poikela
Event supervisor	Kauko Pääkkölä

2. Terrain

Terrain is typical Lappish forested hills, with some slopes. Maximum elevation is 50. Ground is smooth and forest mainly open. Snow is about 35 cm deep, with new snow on top. The competition area has a network of tracks. All tracks made by organizer are 120 cm wide and prepared with plate pulled by snowscooter, so they clearly separate from wild tracks.

Total length of tracks is 13 km. Percentage of different track types:

Very wide trail	17 %
Skiing track (dashed line)	79 %
Road, skiable	4 %

Forbidden areas are marked in the event center map and competition map.

3. Maps

Maps are updated 11/2016 and printed by Routamap ltd. Scale is 1 : 5 000. Size of the map is A4.

4. Distances and courses

A class 2 x 2 legs	4,7 – 4,8 km (3,6 – 3,7 km)
B class 2 x 2 legs	3,9 – 4,0 km (3,0 – 3,1 km)
C class 2 x 2 legs	2,7 – 2,9 km (2,0 km)

All classes and legs have

5. Start

Mass starts:

A class	12:00
B- and C classes	12:10

Clearing of the EMITags is done 5 minutes prior to starting time at the clearing point. Maps are delivered upside down on top the map holder 2 minutes prior to start time. Following the

instructions, the maps can be turned right side up and placed to map holder 1 minute before the start.

The start signal is indicated by the organizer using the loudspeaker. **Skating is not allowed in the first 50 meters after the start**.

Competitors in classes H and D11 can be assisted with the map.

6. Vaihto

Next skier clears the EmiTag when entering the change area.

Skier approaching the change takes the "Next leg" -lane on the left, sends the next skier by a contact and leaves the map to officials. The next skier picks the map with team number and respective leg number.

Punches are controlled after each leg.

7. Finish

Skier approaching the finish takes the "Finish" -lane on the right. No punching at the finish. After finish, follow the fences to punch control.

Warm drinking s available at change and finish.

Finish is closed at 15:00.

8. Controls

Controls are placed beside tracks. Model control is near the info pole. Testing of EmiTag is possible at the model control.

9. Bibs and EmiTags

Bibs are available in the info. All competitors use bibs. The bib shall be attached visibly to right leg.

Info delivers the rented EmiTags. Safety pins are available in the info for bibs.

Info is open at 10-15.

10. Results, cancellations and disquolifications

Start list and results are available in the result wall and the internet site:

http://www.ensilumenrastit.fi/2016

Competitors who cancel their race have to announce in the finish.

Possible disqualificacions are made after the race.

11. Prizes

The winners will get prizes in all classes. The pize-giving ceremony takes place in the cafe immediately after the race.

Prizes are available in the info after the prize-giving ceremony. Organizer will not send them after the event.

12. Toilets, dressing and washing

WC:s are available in downstairs of café "Knööli".

There is warm space for dressing in the storage hall and a big tent for equipment in the parking area. Cafe is not allowed to use as a dressing or storage room. There is no showering facilities in the event centere. The nearby hotel Luostotunturi has a spa.

13. Waxing and extra equipment

Ski waxing is possible only outside. Ski testing and warm-up area are marked in the map.

14. Cafe and grill

There is a grill in the finish area. Cafe "Knööli" serves participants in the event centre.

15. First aid and warnings

First aid available in the downstairs of cafe "Knööli". Transport of wounded persons from the area is possible by snoscooter. Sodankylä Health Center in 30 minutes driving. Emergency number 112.

Right-side skiing traffic on the trails. Take care with steep slopes on forested terrain. Competitors are obliged to help others in emergency situation, call help and guide staff.

16. Parking

Parking lots are in the event center. No parking fee.

17. Changes and low temperature limit

Temperature limit is -20 C one hour before the first start. Starts can be delayed following the organizer's decision. The delay of the start or cancelling of the race due to low temperature will be informed one hour before the first start.

Changes due to low temperature or snow conditions and weather forecast are in the event site.

www.ensilumenrastit.fi/2016

If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.