



Event rules

Ensilumen Rastit 7.-8.12.2019

1. Organisation

Event leader	Pertti Itkonen
Course setter	Annika Vaara
Result service	Juha Kultima
	Aki Aunola AA-Ventures Oy
Information	Pentti Poikela
Info office and finances	Tuija Maijala
Event supervisor	Kauko Pääkkölä
IOF TD	Ossi Lakkala
Chair of the Jury	Seppo Keltamäki

2. Terrain

Terrain is open coniferous heather with maximum elevation of 25 m on all courses. Ground is smooth and forest mainly open, with some dense young forests. Snow is about 30 cm deep, with new snow on top. The competition area has a network of tracks with some wide tracks prepared for cross-country skiing. In addition, there is a snowscooter trail, where traffic has to be observed. Few roads are plowed, but covered by snow and skiable. They may have some traffic to beware. Wild tracks of snowscooters not described in the map are possible. All tracks made by organizer are 120 cm wide and prepared with plate pulled by snowscooter, so they can clearly be separated from wild tracks.

Total length of tracks is 67 km. Percentage of different track types:

Very wide track	26 %
Wide track	6 %
Skiing track (dashed line)	61 %
Snowscooter trail	3 %
Road, skiable	5 %

Forbidden areas are marked in the event center map and competition map. An impassable reindeer fence ranges cross the area and have to be passed through gates marked in the map.

3. Maps

Maps are updated 11/2019 and printed by Routamap ltd.

Size of the map is A4.

4. Courses, Distances and map scales

7.12.	Long distance	Shortest route	Map scale
D11	3,1	3,7	1:7 500
D13	3,8	4,6	1:7 500
D15	6,1	8,5	1:10 000
D17	8,4	11,7	1:10 000
D20	9,7	14,5	1:12 500
D21E	18,1	27,2	1:12 500
D35	8,4	11,7	1:10 000
D40	8,4	11,7	1:10 000
D45	8,4	11,7	1:10 000
D50	7,2	10,1	1:10 000
D55	7,2	10,1	1:10 000
D60	5,6	7,8	1:10 000
D65	5,6	7,8	1:10 000
D70	4,2	5,4	1:7 500
D75	4,2	5,4	1:7 500
D80	3,1	3,7	1:7 500
D85	3,1	3,7	1:7 500
H11	3,1	3,7	1:7 500
H13	4,2	5,4	1:7 500
H15	8,4	11,7	1:10 000
H17	9,7	13,6	1:12 500
H20	12,6	18,9	1:12 500
H21E	22,6	33,8	1:12 500
H35	12,6	18,9	1:12 500
H40	11,9	17,9	1:12 500
H45	11,9	17,9	1:12 500
H50	9,7	13,6	1:12 500
H55	9,7	13,6	1:12 500
H60	7,9	11,0	1:10 000
H65	7,9	11,0	1:10 000
H70	7,2	10,1	1:10 000
H75	6,1	8,5	1:10 000
H80	3,1	3,7	1:7 500
H85	3,1	3,7	1:7 500
KUNTO A	7,1	9,9	1:10 000
KUNTO B	3,1	4,0	1:7 500

8.12.	Middle distance	Shortest route	Map scale
	1,9	2,3	1:7 500
	2,1	2,5	1:7 500
	3,9	5,4	1:7 500
	5,0	6,9	1:7 500
	6,4	9,5	1:10 000
	8,9	13,3	1:12 500
	5,0	6,9	1:7 500
	5,0	6,9	1:7 500
	5,0	6,9	1:7 500
	4,3	6,0	1:7 500
	4,3	6,0	1:7 500
	4,3	6,0	1:7 500
	4,3	6,0	1:7 500
	4,3	6,0	1:7 500
	2,5	3,2	1:7 500
	2,5	3,2	1:7 500
	1,9	2,3	1:7 500
	1,9	2,3	1:7 500
	1,9	2,3	1:7 500
	2,5	3,2	1:7 500
	5,0	6,9	1:7 500
	6,4	8,9	1:10 000
	7,6	11,4	1:10 000
	10,9	16,4	1:12 500
	7,6	11,4	1:10 000
	8,2	12,2	1:10 000
	8,2	12,2	1:10 000
	6,4	8,9	1:10 000
	6,4	8,9	1:10 000
	5,5	7,7	1:10 000
	5,5	7,7	1:10 000
	4,3	6,0	1:7 500
	3,9	5,4	1:7 500
	1,9	2,3	1:7 500
	1,9	2,3	1:7 500
	5,0	7,1	1:10 000
	2,1	2,7	1:7 500

5. Start

Start list will be published in the internet site <https://www.aa-ventures.fi/tulospalvelu/> on Friday morning and on the info table on Friday evening 6.12.2019.

The same start on both days, in 400 m distance from info.
Blue ribbons to start. Start interval is 2 min in all classes.

Start procedure:

- 4 min competitors are called by the start time and number is checked
 - 3 min EmiTag boot
 - 2 min race map visible
 - 1 min competitor takes the map from box marked with class nr (H/D13 and younger classes)
 - 15 sec competitor takes the map from box marked with class nr (H/D15 and older classes)
- Competitors in classes H and D11 can be assisted with the map.

Obs!

Competitors have to use the chip (EmiTag) recorded in the start list. Organizer will not control the number or function of the chip in the start. If any other chip is used, the race will be cancelled (except classes H and D13 and younger). Any changes in chip numbers have to be announced in the info before start.

6. Finish

Competitors have to follow red ribbons from the last control to the finish.

No punching at the finish. After finish, follow the fences to punch control.

Competitors can keep their maps. Juice is not available at the finish.

Competitors who have cancelled their race have to announce in the info (not in the finish or result service).

Finish will be closed Sa 7.12. at 15:00 and Su 8.12. at 15:00.

7. Controls

Controls are placed beside tracks. Model control is near the info. Testing of EmiTag is possible at the model control.

Sports drink and water is available in the long distance on Saturday in the split time control. The drinking place is marked in the map and available for all courses.

8. Bibs, EmiTags and GPS-devices

Bibs are available in front of the info. All competitors use bibs. The same bib will be used in both races. The bib shall be attached visibly to right leg. Safety pins are not supplied.

Info delivers the rented EmiTags. Fee of EmiTag not returned to info is 100 €.

All competitors in classes H21 and D21 shall wear a GPS tracking device. They will be activated and fixed at the start by organisers. Competitors are asked to be at the start in advance.

Info is open in the event center on Friday 18-20, Saturday 8-116 and Sunday 9-15.

9. Results and claims

On-line results are available in a screen in front of Siilashalli during the race.

Competitors of classes H21 and D21 can be followed by GPS-tracking in the net <http://www.gpsseuranta.net/index.php> or inside the cafe on a screen.

Final results are available in the info table and the internet site:

<https://www.aa-ventures.fi/tulospalvelu/>

Claims of corrections in the case of disqualification can be made on the result table in front of info.

Protests of results have to be addressed to the Jury until 15:15.

10. Prizes

Prizes will be given on Sunday based on total points of two races. The winners of the two first days in each class will get 1000 points and others relatively to winning time. Three best will get prizes in all classes. Prizes are gift cards of sports dealer Seppo Keltamäki. The shop is in the event center.

All other prizes are delivered in the info after the final results of the class has been declared. Organiser will not send them after the event.

11. Toilets, dressing and washing

WC:s are available in Siilashalli at the event center. No toilets at the starts.

There are changing rooms, showers and saunas in the event center for men and women.

Swimming pool is available from 12:00 on Saturday and Sunday.

12. Waxing and extra equipment

Ski waxing is possible only outside. Ski testing and warm-up area are marked in the map.

In the case of broken equipment, change is possible in the long distance race 7.12. Place is in the split time and drinking control. Labeled extra equipment shall be set in the trailer near the info until 9:30. Organisers will carry them to the change point.

13. Cafe

The cafe in the event centre is open on Friday 6.12. klo 16:30 – 20:00, Saturday 7.12. klo 09:00 – 17:00 and Sunday 8.12. klo 10:00 – 20:00. Cafe serves coffee, cakes and snacks.

14. First aid and warnings

First aid is available in the Siilashalli. Transport of wounded persons from the area is possible by snoscooter. Sodankylä Health Center is in 10 minutes driving. Emergency number 112.

Competitors are asked to be careful with cars on the roads and snowscooters on the trail during the race. Right-side skiing traffic on the trails. Competitors are obliged to help others in emergency situation, call help and guide staff.

15. Parking

Parking lots are in the event center. Organisers are guiding in P area. No parking fee.

16. Changes and low temperature limit

Due to weather conditions, event can be cancelled by decision of the Jury. In that case information is given latest 5.12. at 24:00.

Temperature limit is -20 C one hour before the first start. Starts can be delayed following the Jury's decision. The delay of a start or cancelling of a race due to low temperature will be informed two hours before the first start.

Changes due to low temperature or snow conditions are in the event site www.ensilumenrastit.fi .

Shall the races be delayed, all the entries will stay validi if not cancelled in the IRMA service. If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.

Welcome to snowy Sodankylä!

Lapin Veikot sports club

Event center

